



## Listening to Your Life: Creatively Discerning Your Calling (Paperback)

By Julia Mourant

CANTERBURY PRESS NORWICH, United Kingdom, 2016.  
Paperback. Book Condition: New. 216 x 135 mm. Language:  
N/A. Brand New Book. For those exploring a sense of call - to  
ordained ministry, another vocation or to a change of  
direction in life, the standard advice is often to read some  
relevant books and consult a recognized expert. Rational  
thought is important, yet Listening to Your Life recognizes that  
there is another way of knowing and understanding which is  
intuitive and rooted in a God-given inner wisdom. Here, God  
can speak through our imagination, hopes, dreams, doubts  
and desires as well as in the logic of lists of pros and cons.  
Spiritual director and vocations advisor Julia Mourant offers  
thirty simple spiritual exercises for exploration and  
discernment - for example, viewing our lives through four  
windows: Looking through the north window - what is our pole  
star? What holds us firm in life? Looking through the east  
window - what new gifts or challenges may be rising in our  
lives? Looking through the south window - what warms us and  
causes us to grow? Looking through the west window - what  
may be setting in our lives? What do we need to let...

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