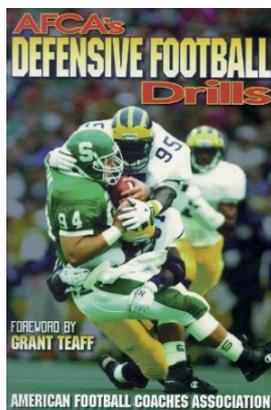


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AFCA'S DEFENSIVE FOOTBALL DRILLS



Human Kinetics Publishers. Paperback. Book Condition: new. BRAND NEW, AFCA's Defensive Football Drills, American Football Coaches Association, In this day of explosive scoring and rules changes that favor the offense, fielding a competitive defense is more difficult than ever. "AFCA's Defensive Football Drills" tries to level the playing field by providing the defense with practice activities that teach defenders the skills they need to excel. The book's 70 drills are divided into four sections: - Defensive Line drills- Linebacker drills...

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